

## Unravelling the role of the gut microbiota in rare diseases: a new chance for treatment of Duchenne Muscular Dystrophy

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### Background:

Duchenne muscular dystrophy (DMD) is the most frequent form of genetic disorder characterized by an irreversible degeneration of skeletal muscles. Therefore, the identification of novel translational approaches aimed to halt or reverse disease progression remains an important unmet need.

### Methods and Results:

We found that in mdx mice, a validated model of DMD, the disease is associated with a significant alteration in the gut microbiota composition compared to healthy controls. Along with microbiota perturbation, plasma levels of related metabolites including short-chain fatty acids (SCFAs) and ketone bodies (KBs) were altered. Supplementation with sodium butyrate (NaB) rescued muscle strength and autophagy and also prevented inflammation associated with excessive endocannabinoid signalling at CB1 receptors to the same extent as deflazacort (DFZ), the standard palliative care for DMD. In LPS-stimulated C2C12 myoblasts, we demonstrate that NaB exerts anti-inflammatory effects, promotes autophagy and prevents dysregulation of microRNA targeting the CB1 receptor gene in a manner depending on the activation of GPR109A and PPAR $\gamma$  receptors.

### Conclusions and Significance:

We highlight the translational value of the gut microbiota-endocannabinoid system crosstalk as a novel disease-modifying approach in DMD that may have benefits also in other muscular dystrophies.

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## Keywords:

Gut microbiota, Endocannabinoid system, Duchenne Muscular Dystrophy, Autophagy, microRNA (miRNA)

## Thematic Area:

- ~~○ Frontiers in Microbiome Research~~
- Microbiome: from Research to Clinics

## Infrastructures:

Facilities available at ICB (Liquid Mass Spectrometry – LC-MS; Nuclear Resonance Spectroscopy – NMR; Molecular and Cell Biology facilities and Equipment)